

Feedback form

Name of Workshop/ Course/ Seminar
“Human Excellence & Blissful Living”
 (02-May-2005 to 04-May-2005)

You may not write your name if you like, but the information from you will help us in improving future Trainings. Therefore, we solicit your candid response to the following questions. Please put tick mark against the choice, which you think to be appropriate.

Name of the Participants

1. How far do you consider that the objective as given in the programme was achieved?

Very well 17	Satisfactory 01	Unsatisfactory 00
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2. Please give your comments on the contents.

Very well 17	Satisfactory 01	Unsatisfactory 00
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3. Please comment upon the training material supplied (if any)

Very well 14	Satisfactory 04	Unsatisfactory 00
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4. How were the presentations?

Very well 18	Satisfactory 00	Unsatisfactory 00
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5. How were the Arrangements?

Very well 18	Satisfactory 00	Unsatisfactory 00
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6. Mention active participation in physical exercise/ sports/ morning-evening walk during course.

Yes 14	No 04	
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7. Give rating (between 0 i.e. poor to 10 i.e. excellent) about the overall impression of the course.

9.72		
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8. COMMENTS/ SUGGESTIONS IF ANY: -

a) Specific to course design and delivery:-

1. Very good.
2. Such type of course should be organized at least after three months.
3. This workshop must be run regularly.
4. Course design & delivery has been excellent. (2)
5. Course has been very helpful in reactivating good thoughts and feelings for maintaining human excellence & meaningful living in right way. The concept, design of the course is excellent.
6. Effective communication and need for it BSNL can be emphasized.
7. A separate workshop for "stress relieving through yoga" should be conducted.
8. Full course should have been conducted at student centre, to have a feel of open, ashram life environment.
9. All the above 50 years must be given such type of course.
10. Delivery of speech of swamiji very good.
11. The course is very good for body relaxation, mind concentration & happy, blissful living.
12. Next time this course can be for 5 days.
13. Frequency of such courses should be more.
14. Should be repeated in future to cover other officer/staff.

b) Support infrastructure & services:-

1. Very good.
2. In stead of normal tea break, herbal tea break could have been a better option.
3. Separate infrastructure must be in ALTTC for exercise.

c) Any other technical inputs/ ideas you would like to give: -

1. Its very helpful & useful course may be inclined in the probationers induction course, Stage I, Stage II & stage III management courses. The course is like repeating good things & values in life telling these things again & again so that these become permanent part of our self.
2. Such courses should be run regularly to understand ourselves better spiritually.
3. Soft copy and multimedia presentation of handout should also be provided.
4. Badminton court tube lights are non functional need immediate replacement high power lamps placed there, though provide illumination but very uncomfortable for players.
5. A CD on yoga exercise can be arranged/ prepared and given to participants for minute details and continuity.
6. For light exercise instruments of exercise must be in ALTTC.



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भारत संचार निगम लिमिटेड
BHARAT SANCHAR NIGAM LIMITED

No: 81-W22/2005-06/ALTP/PT/HEBL

Dated: 04.05.2005

The following officers who have participated in the workshop on "Human Excellence & Blissful Living" (Code W22) held from 02.05.2005 to 04.05.2005 at ALTTC, Ghaziabad, are hereby relieved in the afternoon of 04.05.2005 to report for further duty to their concerned units: -

Sl. No.	Name (Shri/Ms.)	Designation	Circle
1.	Alpana Aggarwal	GM	ALTTC Ghaziabad
2.	Arun Aggarwal	GM	ALTTC Ghaziabad
3.	K. K. Saxena	GM	ALTTC Ghaziabad
4.	Ashish Tayal	DGM	ALTTC Ghaziabad
5.	G. Narendra Nath	DGM	ALTTC Ghaziabad
6.	H. K. Makkar	DGM	ALTTC Ghaziabad
7.	H. S. Jakhar	DGM	ALTTC Ghaziabad
8.	Rajeev Bansal	DGM	ALTTC Ghaziabad
9.	S. N. Gupta	DGM	ALTTC Ghaziabad
10.	Vijay Bhusan Gupta	DGM	ALTTC Ghaziabad
11.	Jagjit Kumar	DE	ALTTC Ghaziabad
12.	R. P. Gupta	DE	ALTTC Ghaziabad
13.	Sanjay Jungley	DD	ALTTC Ghaziabad
14.	Vineet Verma	DE	ALTTC Ghaziabad
15.	Amar Nath Mehta	PRO	HR Telecom Circle
16.	B. L. Thacker	Sr. AO	ALTTC Ghaziabad
17.	C. S. Azad	AD	ALTTC Ghaziabad
18.	Kedar Singh	SDE	ALTTC Ghaziabad
19.	Kharag Singh	SDE	ALTTC Ghaziabad
20.	Rajesh Pratap Singh	SDE	ALTTC Ghaziabad
21.	Rajkumar Sharma	SDE	ALTTC Ghaziabad
22.	R. J. Gautam	PS	ALTTC Ghaziabad

Note: Officer at Sr. no. 15 has attended for 02 days - 03 & 04th May only
All Officers have not availed Hostel facility.

DGM (PT)
ALTTC, Ghaziabad

Copy To:-

1. All Participants
2. Units Concerned
3. Sr. PA to CGM/GMs
4. DE(TM), ALTTC for information
5. SDE (Warden), JC Bose/Raman/Bhabha Hostel, ALTTC
6. Office Copy